

### Why is engaging youth important?

**Deeper Understanding** – Learning from the experiences of youth in your community enable deeper understanding of the challenges they face, as well as what's working

**Better Policies** – When youth work with adults to create decisions and policies, the results are more likely to be reflective of what youth want

**Youth Voice** – Sharing their stories and participating in decisions allows youth an opportunity to develop and expand leadership and advocacy skills

**Youth Mattering** – When young people feel that they 'matter' to their communities, and are surrounded by a supportive network of adults, they are more likely to thrive. The Youth Risk Behavior Survey has classified "mattering" as a key indicator of well-being for youth.

# What Can Youth Engagement Look Like?

Youth councils

Digital engagement platforms like TTE, Polis, or All Our Ideas

Video or In-Person dialogues

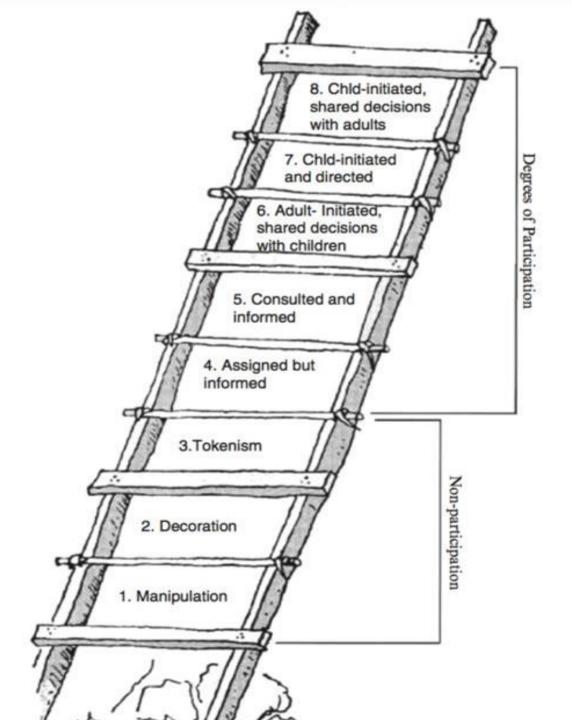
Surveys

Intergenerational advisory boards

Participatory budgeting

Crowdsourcing





## Hart's Ladder of Participation

where they are

competencies

priate support

self identity

Supports youth-

people's individual

Provides age appro-

■ Emphasizes positive

adult partnerships

Builds young

treatment and prevention

people identify

young people build

young people as

collective identity of

social change agents

Engages young peo-

ple in advocacy and

■ Begins to help

negotiation

and coalitions

#### **YOUTH SERVICES** YOUTH YOUTH CIVIC YOUTH **APPROACH DEVELOPMENT LEADERSHIP ENGAGEMENT ORGANIZING** Includes components Includes components of Includes components of youth development youth development & of youth development, youth leadership plus: youth leadership and approach plus: civic engagement plus: Defines young Provides services Builds in authentic Engages young Builds a memberpeople as clients and support, access youth leadership people in political ship base Provides services to Involves youth as to caring adults and opportunities within education and address individual programming and part of core staff safe spaces awareness ■ Builds skills and and governing body problems and Provides opportuniorganization pathologies of ties for the growth ■ Helps young people capacity for power Engages in direct deepen historical young people and development of analysis and action action and political and cultural under-Programming young people around issues young mobilizing ■ Engages in alliances defined around ■ Meets young people

standing of their

experiences and

community issues

capacities of young

people to be decision makers and

problem solvers

■ Youth participate in

community projects

Builds skills and

#### Youth Engagement Continuum

- Formal relacation
- Interpersonal skills (social and communication skills)
- Recognizing emotions
   Self-control
- · Academic achievement

#### **AGENCY**

#### HEALTHY, PRODUCTIVE AND **ENGAGED YOUTH**

#### CONTRIBUTION

Youth engagement

- · Positive identity
- · Ability to plan ahead/Goal-setting
- · Perseverance (diligence)
- · Positive beliefs about future

#### **ENABLING ENVIRONMENT**

- · Bonding
- . Opportunities for prosocial . Gender-responsive services

- Value & recognition
- · Youth-responsive services
- · Youth-friendly laws and
- · Physical and psychological

### **Positive Youth** Development

#### POSITIVE YOUTH DEVELOPMENT

- Positive Youth Development method allows youth to develop assets that not only enrich their lives on a personal level (academic, social, interpersonal), but also provides the framework to be civically engaged
- PYD recognizes four different components of life for youth to discover during critical years of development:
  - > Assets: Providing youth with the skills needed to achieve desired outcomes
  - > Agency: Youth have identity and have developed skills that allow them to make decisions and achieve desired outcomes
  - ➤ Enabling environment: Youth are in an environment that allows them to access their assets and agency in order to thrive
  - > Contribution: Youth are consistently encouraged to be involved in their communities and create a positive impact

# STRATEGIES FOR YOUTH ENGAGEMENT

- Youth Leadership Development
- Youth Oriented Communication
- Access and Equity
- Making Engagement Fun
- Actively Involving Youth in Decision Making
- Listening to Youth Voices
- Training up Youth Service Providers

### STRATEGIES FOR ENGAGEMENT YOUTH LEADERSHIP DEVELOPMENT

- Youth leadership trainings for underrepresented youth with "people like them"
- Supports for underrepresented parents as well as youth
- Civic education series to help youth and parents understand systems and how to use them
- Opportunities for youth to talk about and lead civic processes in their community

# YOUTH LEADERSHIP DEVELOPLMENT

Annenberg's Youth Leadership Institute

- Leadership skill building such as
  - Public speaking
  - Confidence and self-advocacy
  - Understanding of equity
  - Community engagement
- Created opportunities for youth across New England to interact and train with each other, with a focus on underrepresented youth

# YOUTH LEADERSHIP DEVELOPLMENT

Pittsfield Listens, New Hampshire

- Programming focused on rural marginalized youth and their families
- Pittsfield Youth Voice in it Together (PYViiT) group for underrepresented students, focuses on leadership development including leading meetings, self confidence and advocacy training.
- Family and Community Engagement group (FACE) – leadership development group for underrepresented parents
- Meet the Candidates Night youth facilitate community dialogues with candidates running for office
- Roundtables, Not Podiums civic education series how school boards, etc work

### APPLICATION: YOUTH LEADERSHIP DEVELOPMENT

Create local or state civic education opportunities so youth better understand how to approach policymaking

Provide youth with opportunities to engage in leadership development experiences with "people like them" – lots of potential for this online right now

Are there existing adult groups you could partner with to support youth and parents at the same time?

### STRATEGIES FOR ENGAGEMENT YOUTH ORIENTED COMMUNICATION

- Communicating with youth using the right channels is essential in recruiting and sustaining participation
- Social media platforms, text messaging, and online communication are advantageous methods of capturing youth's attention
- Youth oriented communication also entails communicating with youth about the issues that matter to them

## YOUTH-ORIENTED COMMUNICATION

Text, Talk, Act TEXT "START" to 89800

- Text, Talk, Act was used in a national discourse about mental health in 2013 that heavily engaged youth it was part of President Obama's National Dialogue for Mental Health
- SMS platform that you can customize
- Youth are likely to have cell phones and frequently use texting to communicate
- Can embed video, web links, and phone numbers in app to help youth connect to resources
- Uses polling to see how youth feel about certain issues
- Similar text platforms have been used to engage youth around the world, including in Uganda

## YOUTH-ORIENTED COMMUNICATION

Canadian Youth Policy Website

- In 2018 Canada launched a website, youthaction.ca, for Canadian youth to digitally contribute to the development of the country's youth policy.
- The website asks Canadians to answer an online survey and identify the issues that are most important to them, and what they think should be done to resolve them.
  - The questions are open-ended and allow for detailed feedback.
- There is an initial outreach step in a larger process to get feedback from as many young people as possible and showcase upcoming events hosted by youth associations that aim to contribute to this youth policy.

## YOUTH-ORIENTED COMMUNICATION

Oakland Ubuntu Hack

- ❖ In February 2017, UbuntuHack brought together youth, members of the police community, and tech professionals and local activists in Oakland for a hackathon event to build trust and create web/app solutions to tensions between the two groups.
  - \*A Hackathon is a collective problem solving event using technology.)

### APPLICATION: YOUTH-ORIENTED COMMUNICATION

Text Talk Engage on healthcare, mental health and/or housing distress
Nevada Hackathon
State or city policy statement

### STRATEGIES FOR ENGAGEMENT ACCESS AND EQUITY

- Using online engagement may appeal in particular to youth of color or from other underserved backgrounds.
- ❖ Youth service providers may be the best conduit to reaching particular youth populations you seek to engage, like LGBTQ+ youth or youth experiencing homelessness.
- Ask youth from the demographic groups you seek to engage to help you with recruitment, outreach, messaging, and constructing activities.

### **ACCESS & EQUITY**

Local Cross Systems
Collaboratives of the
National Network for
Youth

- Across different communities in the United States, the National Network for Youth facilitates local collaboratives that bring together a coalition of community stakeholders including young people who have experienced homelessness, government agencies, service providers, philanthropies, etc.
- Each local collaborative addresses issues such as:
  - community shortcomings in addressing homelessness
  - creating a shared vision to fight youth homelessness together
- National Network for Youth provides trainings and technical assistance in areas of policy advocacy, as well as strategies for partnering with young people experiencing homelessness

### **ACCESS & EQUITY**

Office of LGBTQ+ Affairs, Washington DC

- ❖ The Office of LGBTQ+ Affairs develops strategies and programs in order to stop instances of violence and bias against those who identify with the LGBTQ+ community
  - ➤ Strategies include the #RespectMeDC social media campaign, creating events that celebrate LGBTQ+ community, and meetings with LGBTQ+ leaders about relevant issues and topics
- ❖ The Office advocates on behalf of policies that benefit LGBTQ+ residents and seek grants that enrich the LGBTQ+ community

### APPLICATION: ACCESS & EQUITY

- Create diversified communications strategies to reach different groups
- > Seek out organizations working with LGBTQ+ youth, homeless youth, and other relevant groups and work in collaboration with these partners to achieve the project goals.

### STRATEGIES FOR ENGAGEMENT MAKING ENGAGEMENT FUN!

People want to engage in things they enjoy and feel connected to. Creating engagement activities that are fun and light-hearted can go a long way in attracting participation!

### MAKING ENGAGEMENT FUN

Fictive Families

- ❖ Jonathan Garcia from Oregon State University does work engaging LGBTQ+ and youth experiencing homelessness
- Fictive families create fictional "homes" with drag mothers and fathers
- Suggested "fictive families" drag balls by "house"
- Can hold these on Zoom, create Wi-Fi "hot spots" and frame it more as a party than a formal event
- ENLACE project
- Recommended partnership with
  - GLSEN
  - Gender and Sexuality Alliance (GSA)
  - PFLAG
  - Trevor Project
  - **♦** 4-H

### APPLICATION: MAKING ENGAGEMENT FUN!

Create fun, open, "party" atmospheres for engagement

You can organize online events with the help of shelters and other community partners to create Wi-Fi access

Partner with organizations that support marginalized youth groups

Use video to lift up youth stories

### STRATEGIES FOR ENGAGEMENT INVOLVING YOUTH IN DECISION MAKING

- The creation of youth groups prioritizes youth voices and youth involvement in your organization. When youth feel there are a part of the process, they are more inclined to participate in additional civic opportunities.
- For youth committees to be effective, organizations should provide training and mentorship needed for youth to have a voice.
- Including youth in decision making requires:
  - > Youth have distinct roles and responsibilities
  - ➤ Adults provide support and mentorship
  - > Youth and adults should have expectations of each other's roles
  - > Youth have the resources they need to be present and vocal

### Youth Governance Structures

- Youth Councils/Boards: Structures in which youth can support and advise adult decision making process.
- Youth Legislatures: Organizations that give young people a chance to learn about the political process and in some cases take an active role by speaking to policymakers or even proposing legislation.
- Youth Led Organizations: Organizations led by youth themselves (in some cases with support from adult advocates) that place youth at the center of the decision making process.

## YOUTH IN DECISION MAKING

Canadian Youth Council

- Canada's Prime Minister's Youth Council (PMYC) was established in 2016 – represent youth voice
- Advice is given directly to the head of state, who also serves as the Minister of Intergovernmental Affairs and Youth
- The PMYC meet with the Prime Minister three times to four time a year for face-to-face meetings
  - ➤ By providing this platform, young people give advice directly to the Prime Minister, parliament, and senior decision makers

### YOUTH IN DECISION MAKING

Nevada Youth Legislature

- State program that allows high school students to learn about and take part in government
- Youth collaborate and present a bill to the Nevada Legislature each term on an issue of importance to them
- This gives youth the opportunity to take an active role in decision-making

### APPLICATION: YOUTH IN DECISION MAKING

- ➤ Create meaningful opportunities for youth to actually participate in or lead decision-making
- ➤ Partner with the Nevada Youth Legislature

### STRATEGIES FOR ENGAGEMENT LISTENING TO YOUTH VOICES

- Young people can create their own civic initiatives with limited participation from adults; youth have understanding of the challenges, issues, and opportunities facing their demographic
- For youth groups to be created, focus on:
  - > The organization's mission and goals
  - > The resources needed for the organization to operate
  - > Training needed for new members and adult facilitators that will be on boarded
  - ➤ Partnerships and opportunities available for the organization to reach its goals

#### **YOUTH VOICES**

Kenyan Youth Manifesto

- ❖ In 2017, the Coalition for Kenyan Youth Manifesto created the Kenyan Youth Manifesto a collaborative document that brought youth voices and issues to attention during the 2017 election.
- Youth and adults collaborated to make the document
- 3,000 print editions, over 10,000 online downloads
- Initiatives from the manifesto adopted by presidential candidates

#### **YOUTH VOICES**

Youth-Led Organizations

- For youth, by youth
- Youth people lead all aspects of youth advocacy organizations
- **Examples include:** 
  - ❖ Integrate NYC
  - Young Invincibles
  - Youth Activism Project

#### **YOUTH VOICES**

MH:2K

- Hosted by charity Involve and social enterprise Leaders Unlocked, MH:2K consists of young people connected with other youth to discuss mental health.
- They conduct roadshows that travel to council groups, schools, colleges and universities, service users' groups, voluntary and community groups, and youth centers.
- ❖ Data from these roadshows contribute to the Big Showcase, where researchers and decision makers then create engagement practices that address the issues discussed.

### APPLICATION: COLLABORATIVE DRAFTING

- ➤ Using digital technologies such as Google documents, hypothes.is etc. youth can form an equal part of the drafting process for key documents such as strategies, mission statements etc.
- ➤ Collaborative drafting can help ensure youth have a voice in creating content for various aspects of the Nevada project
- > Support groups or organizations completely led by youth

#### **APPLICATION:**

### COLLABORATIVE DRAFTING WITH HYPOTHES.IS - HOW TO GUIDE

- ➤ Hypothes.is is a free online annotation tool that can be installed as an extension on Google Chrome.
- ➤ Users can open a draft document and simply turn on hypothes.is and start annotating.
- ➤ Hypothes.is is unique in that it allows users to annotate a document simultaneously on multiple channels. For example, youth can use one channel to annotate together, and other professionals can use another. This feature allows for a collaborative drafting process and makes it easy to separate out different kinds of feedback.



# TRAINING UP YOUTH WORKERS

# INTRODUCING YOUTH PARTNERS, YOUTH, AND THEIR WORK

- What are examples from each of our organizations about how we engage, empower, and learn from youth?
- What are examples from youth of work they have participated in that has been meaningful to them?
- What collective resources are we seeing, or what themes are coming up across our work?

#### **MOVING FORWARD**

- Brainstorm: What do we need to move forward youth engagement in the Building Blocks initiative?
- What resources/foundations do we already have?
- What work is in progress?
- What work needs to be done?
- What do we want to know more about?